



St Jude's Catholic Primary School

PSHE Subject Overview								
Autumn Dates	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc.2.9.24 – 13.9.24	Settling in Forming positive bonds with others Rules and Routines Play with increasing confidence independently and with others.	Making relationships with others. Discuss family and friends	PSHE Relationships Families and friendships 2 weeks	PSHE Relationships Families and friendships 2 weeks	PSHE Relationships Families and friendships 2 weeks	PSHE Relationships Families and friendships 2 weeks	PSHE Relationships Families and friendships 2 weeks	PSHE Relationships Families and friendships 2 weeks
Wc.16.9.24	RSE A Journey in Love – Social and Emotional (to recognise the joy of being special and unique)	RSE A Journey in Love – Social and Emotional (to recognise the joy of being special and unique)	RSE A Journey in Love – Social and Emotional (to recognise that I am loved in my family) <i>RE – Domestic Church, families</i>	RSE A Journey in Love – Social and Emotional (to recognise the joy and friendship of belonging to a diverse community)	RSE A Journey in Love – Social and Emotional (to describe and give reasons how friendships make us feel happy and safe)	RSE A Journey in Love – Social and Emotional (to describe how we should all be accepted and respected)	RSE A Journey in Love – Social and Emotional (to show knowledge and understanding of emotional relationship changes as we grow and develop)	RSE A Journey in Love – Social and Emotional (to know that stable and caring relationships; which are all different, are at the heart of happy families)

*World kindness day 13/11								
*Children in Need 15/11								
Wc.18.11.23 *Official Road Safety Week – we will cover this later in the year properly.	All are welcome Blue Chameleon	All are welcome Blue Chameleon	All are Welcome Elmer	All are Welcome How to be a Lion	All are Welcome The Hueys in the New Jumper	All are Welcome Red: A Crayon's Story	All are Welcome How to Heal a Broken Wing	All are Welcome The Island
Wc.25.11.24-6.12.24	Continue to develop rules and routines Develop friendships and discuss emotions linked to inside out.	Discuss feelings/ behaviours Discuss what is right/ wrong	PSHE Relationships Respecting ourselves and others 2 weeks	PSHE Relationships Respecting ourselves and others 2 weeks	PSHE Relationships Respecting ourselves and others 2 weeks	PSHE Relationships Respecting ourselves and others 2 weeks	PSHE Relationships Respecting ourselves and others 2 weeks	PSHE Relationships Respecting ourselves and others 2 weeks

There are two weeks free at the end of the Autumn term to catch up on anything you may be behind with.

Spring	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc. 6.1.25 – 17.1.25	Continue to develop rules and routines	Discuss feelings of other.	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World	Mental Health and emotional

<p>Wc. 28.4.25 – 16.5.25</p> <p>(SATs week falls within this)</p>	<p>Find solutions to conflicts and rivalries.</p> <p>Make healthy choices about food and drinks.</p>	<p>Follow more complex instructions</p> <p>Resolve conflicts</p>	<p>Health and Wellbeing</p> <p>Physical health and mental wellbeing 3 weeks</p>	<p>Health and Wellbeing</p> <p>Physical health and mental wellbeing 3 weeks</p>	<p>Health and Wellbeing</p> <p>Physical health and mental wellbeing 3 weeks</p>	<p>Health and Wellbeing</p> <p>Physical health and mental wellbeing 3 weeks</p>	<p>Health and Wellbeing</p> <p>Physical health and mental wellbeing 3 weeks</p>	<p>Health and Wellbeing</p> <p>Physical health and mental wellbeing 3 weeks</p>
<p>Wc. 19.5.25 – 23.5.25</p> <p>*Walk to school week</p> <p>(Half-term 23.5.25)</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>	<p>Dental hygiene and Overweight and Obesity</p> <p>1 week</p>
<p>Wc. 2.6.25 – 13.6.25</p> <p>*Healthy eating week</p>	<p>Talk about feelings and understand how others are feeling linking to inside out movie.</p> <p>To develop their sense of responsibility and membership of community (set up snack and clean up after).</p>	<p>Work cooperatively, taking turns and sharing with others</p>	<p>Health and Wellbeing</p> <p>Growing and changing 2 weeks</p>	<p>Health and Wellbeing</p> <p>Growing and changing 2 weeks</p>	<p>Health and Wellbeing</p> <p>Growing and changing 2 weeks</p>	<p>Health and Wellbeing</p> <p>Growing and changing 2 weeks</p>	<p>Health and Wellbeing</p> <p>Growing and changing 2 weeks</p>	<p>Health and Wellbeing</p> <p>Growing and changing 2 weeks</p>
<p>Wc. 16.6.25 – 20.6.25</p>	<p>All are Welcome</p> <p>Mommy, Mama and Me</p>	<p>All are Welcome</p> <p>Mommy, Mama and Me</p>	<p>All are Welcome</p> <p>Errol’s Garden</p>	<p>All are Welcome</p> <p>What the Jackdaw Saw</p>	<p>All are Welcome</p> <p>The Truth About Old People</p>	<p>All are Welcome</p> <p>When Sadness Comes to Call</p>	<p>All are Welcome</p> <p>Pip and Egg</p>	<p>All are Welcome</p> <p>If I were Prime Minister</p>

Wc. 23.6.25 – 27.6.25	<i>First aid</i>	<i>First aid</i>	<i>First aid</i>	<i>First aid</i>	<i>First aid</i>	<i>First aid</i>	<i>First aid</i>	<i>First aid</i>
Wc. 30.6.25 – 18.7.24	Do not always need an adult to remind them of a rule. To take part in other pretend play with different roles. Discuss feelings/ transition into Reception	Discuss feelings/ transition into Year1	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks

*Career week in Summer 2 – focusing on aspirations.