

Areas of focus:

- Hospital admissions for mental health conditions (<18 yrs) 2020-2021
129.7 per 100,000 in Wigan compared to 87.5 per 100,000 in England.
- Percentage of 5 year olds with experience of visually obvious dental decay 2018-2019
31.9% in Wigan compared to 23.4% in England
 - Reception: prevalence of obesity (including severe obesity) 2019-2020
10.9% in Wigan compared to 9.9% in England
- Year 6: Prevalence of obesity (including severe obesity) 2019-2020
23.9% in Wigan compared to 21% in England
- Children killed and seriously injured on England's roads 2018-2020
18.9 per 100,000 compared to 15.9 per 100,000 in England
- Hospital admission caused by unintentional and deliberate injuries in children (ages 0-14 years) 2020-2021
117.7 per 100,000 in Wigan compared to 75.7 per 100,000 in England



Data from: <https://fingertips.phe.org.uk/profile/child-health-profiles/data#page/1/ati/302/are/E08000010> Sept 2023

Concerns in Wigan	What do we do?
Mental Health	<ul style="list-style-type: none"> • Mental Health awareness through dedicated days/weeks. • Counsellor • Wellbeing groups • Spending time outdoors – spiritual garden, gardening, daily mile • Calming music in the classroom • Pastoral support • Lessons through PSHE
Dental hygiene	<ul style="list-style-type: none"> • Dentist to come in – Anna • Toothbrushes and toothpaste to EYFS • Lessons through PSHE
Overweight and obesity	<ul style="list-style-type: none"> • Daily mile • Encourage healthy eating – Do/ don't for lunch boxes • Fruit at break times • Healthy eating lessons through PSHE and DT • Go Noodle to encourage exercise • Gardening • After school clubs • Smoothie/ sports visit • Information on website for parents about healthy eating i.e. Smoothies: http://allrecipes.co.uk/recipes/tag-5685/kids-smoothie-recipes.aspx • Extra sports activities – judo, rugby etc.
Road safety	<ul style="list-style-type: none"> • Bikeability • Road safety week • School council – posters, assemblies • School trips • Walking to church • Hi-vis jackets • Encourage use of crossing patrol – Crossing patrol to come in school to speak to classes.
Safety	<ul style="list-style-type: none"> • Dogs trust • Police visit • Fire brigade visit • First aid training
Aspirations	<ul style="list-style-type: none"> • Career week – visits from a range of careers (Dentist, School Nurse, Business owner, builder, army, • Growth mindset • More child involvement (school council, school jobs) • Letters to inspirational people (Y6) • Focus on inspirational people across subjects – wall of fame • STEM ambassadors